

# SUGGESTED BIKERIDES

## RIDES APPROPRIATE FOR GUESTS USING OUR COMPLIMENTARY HUFFY CRUISER BIKES. SEE FRONT DESK.

**Easy:** Local Loop, *2 miles round trip.*

From the bike parking, head southeast to the path that goes around the The Shops at Emerson, following it to Mount Pleasant Road where you go left towards the Esopus Creek. Follow along this road until you reach the turn where you can overlook the confluence of the Little Beaverkill and Esopus Creeks. Enjoy the view and then head down and to the left to continue on Risely Road until you reach the Soccer Field parking lot. Turn around there and return to the Emerson the same way you came.

**Medium:** To Woodstock Brewing Co. and Resort Ridge Pizza and back, *2.4 miles round trip.*

From the bike parking, turn right to head west 1.2 miles on Route 28 until you see Woodstock Brewing Co. on the left. Be very careful crossing Route 28 to get to their parking lot. To come back, stay on the right hand side of the road on the shoulder well away from traffic until you see the Emerson on your left.

**Medium:** To the Phoenicia Diner and back, *4 miles round trip.*

From the bike parking, turn right to head west on Route 28, staying on the right shoulder, for 2 miles until you see the Phoenicia Diner on the left. Be very careful crossing Route 28 to get to the Phoenicia Diner. To come back, stay on the right hand side of the road on the shoulder well away from traffic until you see the Emerson on your left.

**Medium:** To the center of Phoenicia and back, *6 miles round trip.*

From the bike parking, turn right to head west on Route 28, staying on the right shoulder. Bear right on to Lower High Street, and follow it down past the Empire Railway Museum (2.5 miles from the Emerson) continuing to the intersection with Bridge Street. Turn right on to Bridge Street. Go over the bridge (over Esopus Creek) and proceed up to Main Street. Go left to ride into the center of Phoenicia. To come back, you can come back the same way you came via Route 28, staying on the right hand side of the road on the shoulder well away from traffic.

**Challenging:** Phoenicia loop (*8 miles round trip*): From the bike parking, turn right to head west on Route 28, staying on the right shoulder. Bear right on to Lower High Street, and follow it down past the Empire Railway Museum to the intersection with Bridge Street. Turn right on to Bridge Street. Go over the bridge (over Esopus Creek) and proceed up to Main Street. The town of Phoenicia is to your left if you care to explore. Otherwise, turn right on Main St./Plank Road, traveling for 3.7 miles. There is no shoulder and it is a winding road, so extreme care must be exercised in taking this route, and it also requires going over a bridge on Route 28 in Mount Tremper that is very narrow and has grates on the shoulder. Take Plank Road until it meets Route 212 at an intersection where you will turn right to follow 212 back down to Route 28. Turn right and ride on the shoulder being extremely careful going over the bridge as there are rain grates that are in line with your bike tires. Do not go over it if you see cars behind you, best to wait as it is very narrow. Continue until you see the Emerson parking lot on your right.

**Challenging:** Ashokan Rail Trail loop, *7.2 miles to Boiceville Bridge Trailhead and back.*

From the bike parking, turn left to travel east on Route 28, staying on the shoulder and being extremely careful going over the Mt. Tremper bridge as there are rain grates that are in line with your bike tires. Do not go over it if you see cars behind you, best to wait as it is very narrow. Continue on Route 28 through the hamlet of Boiceville, then turn right onto Route 28A. Go over the bridge, and proceed a short distance, then turn left into the parking lot for the Boiceville Bridge Trailhead of the ART, westernmost of the 3 access points. Go through the parking lot to enter the trail. This trail is 11.5 miles long, flat to moderate incline, with trailheads roughly 5 miles apart. The Ashokan and Woodstock Dike trailheads exit onto Rt. 28. To return to the Emerson, you can come back the same way you came, or from the other two trailheads turn onto 28 east, staying on the right hand side of the road on the shoulder well away from traffic.



## **RIDES APPROPRIATE FOR GEARED BICYCLES. BRING YOUR OWN OR ASK AT FRONT DESK FOR RENTAL AGENCIES.**

**Challenging:** Woodland Valley Rd. from Phoenicia out and back, 17.2 miles round trip with 725' ascent and 52' descent heading out, reverse on return.

From the bike parking, turn right to head west on Route 28, staying on the right shoulder. Ride 2.1 miles along Route 28, then turn right onto Lower High Street. Ride .5 miles on High Street, then jog right onto Bridge Street for 50 feet before turning left to continue on High Street. High Street will turn into Woodland Valley Road in .9 miles. Ride 4.9 miles further to the head of the Woodland Valley, just a bit past the Woodland Valley Camp-ground. At this point you are at the base of the highest peak in the Catskill Range, Slide Mountain. To return, head back down Woodland Valley Road, continuing another .9 miles after the name changes to High Street. At the intersection with Bridge Street jog right for 50', then turn left to continue on Lower High Street. Ride .5 miles, past the Catskill Mountain Railroad Museum, and re-join Route 28. Turn right onto Route 28, staying on the right shoulder. The ride back to the Emerson from this point is 2.1 miles. A beautiful, peaceful ride in one of the most beautiful valleys in the Catskills.

**Challenging:** Phoenicia loop and ride to Willow in Woodstock, 22.5 miles of gradual ascent on Route 212. From the bike parking, turn right to head west on Route 28, staying on the right shoulder. Bear right on to Lower High Street, and follow it down past the Empire Railway Museum to the intersection with Bridge Street. Turn right on to Bridge Street. Go over the bridge (over Esopus Creek) and proceed up to Main Street. The town of Phoenicia is to your left if you care to explore. Otherwise, turn right on Main St./Plank Road, traveling for 3.7 miles. There is no shoulder and it is a winding road, so extreme care must be exercised in taking this route. Take Plank Road until it meets Route 212 at an intersection where you will turn left on to 212 for three miles, (the route up 212 has a gradual ascent) until you come to Sickler Road on the right. Turn right and ride along Sickler Road for pretty Woodstock views of the mountains, until it winds back around to Route 212, where you will turn left and follow 212 back down to Route 28. Turn right onto Route 28 and ride on the shoulder being extremely careful going over the bridge as there are rain grates that are in line with your bike tires. Do not go over it if you see cars behind you, best to wait as it is very narrow. Continue until you see the Emerson parking lot on your right.

**Challenging:** Loop from Emerson, through Deep Notch, and up Spruceton Valley, Westkill and return, 38 miles round trip with 1578' ascent, 482' descent each way. From the bike parking, turn right to head west on Route 28, staying on the right shoulder. Ride 7.9 miles along Route 28, a gradual climb, then turn right onto NY-42 North. From here the ride will be increasingly vertical as you enter the notch. Ride 7.3 miles through this steep-walled forest notch, then watch for your right turn onto Spruceton Road as you descend into the hamlet of Westkill. Ride 3.7 miles along Spruceton Road to the head of the Spruceton Valley. This stretch from County Route 42 to the head of the valley is one of the most beautiful and pleasant rides in the Catskills. Light traffic and nearly flat terrain with mountain ranges on both the north and south sides of the valley make for a wonderful outing with beautiful views across the highest summits in the Catskill Mountains. To return, head 3.7 miles back towards County Route 42, turn left, ride 7.3 miles south on Route 42 to the hamlet of Shandaken. From here, use caution as you turn left onto Route 28 eastward, staying on the right shoulder. The ride back to the Emerson from this point is 7.9 miles of gradual descent.

### **BICYCLE CODE OF CONDUCT**

- Before you go, check your equipment.
- Wear visible clothing, especially at dawn or dusk.
- Pay attention. Don't text or wear headphones/earbuds.
- Always follow the rules of the road, obey traffic signs and signals, and stop at all intersections and crosswalks.
- Always go with the flow and direction of traffic.
- Ride single file.
- Use hand signals for all turns and stops.
- One person per bicycle seat only.
- When riding on shared pathways, be respectful of others.
- Use a horn, bell, and bike light(s).
- Be mindful and careful crossing railroad tracks.

Be safety conscious—if you get into trouble or need emergency help, CALL 911

## **MOUNTAIN BIKING**

### **Onteora Lake and Jockey Hill – Bluestone Wild Forest**

About a dozen miles of superb singletrack. Rocky sharkfins of slate. Lots of crags and pine. Scenic lakes. Some powerclimbs but not much elevation change. This system is within riding distance of another 20 miles at Jockey Hill. The majority of trails at Jockey Hill are single track, varying in difficulty from fairly flat cruises over rocks & roots, to super-technical trails running along sloped hills with logs, roots, water, mud and trees closer than a handlebar's width to negotiate. This is a place for intermediate to advance riders. While beginners might be able to handle a few trails here, the majority of the trails require some confidence and technical skill.

*Driving directions to Onteora Lake: from the Emerson parking lot, turn left onto Route 28 and travel 15 miles east towards Kingston. Pull into the Onteora Lake trailhead parking lot. From here you can access trails throughout the Onteora Lake area as well as Bluestone Wild Forest.*

### **Overlook to Echo Lake**

Big and long hill up a relatively smooth-ish and wide packed-stone path up to one of the most famous views of the Catskills from the Overlook Fire Tower. As far as fitness, it is uphill monotony at its best. No real intervals here, just up, up, up. At 1.85 miles you'll reach the junction of the Overlook Trail (blue) leading to Echo Lake. The Fire Tower hill is the Red trail with numbered utility poles all the way up, called the Overlook Spur Trail. Then ride part of the Overlook Trail to the Echo Lake turnoff. This is the Blue trail. Views most of the way up to the west, Catskill Mountains in their full glory, but it is pretty heavily trafficked by hikers. Snake back down to the fork and make the mostly downhill, somewhat singletrack-like, ride to Echo Lake fork. No bikes allowed from main trail down to Echo Lake, but it's well worth the 1/2 mi. walk on foot. On the north side of Overlook Mountain, it is less smooth with more leaves, therefore much more technical than Overlook Spur Trail. This trail is more fun, more technical, but barely can be dubbed singletrack. It has more loose stone and a few big stone drop-offs. This trail gives you views a little more north. Big view reward being Indian Head Mountain and maybe even a glimpse of Twin Head Mountain.

*Driving directions to the Overlook Trailhead: From the Emerson parking lot, turn left onto Route 28 and travel 2.8 miles to Winne Road. Turn left on Winne Rd, travel .7 miles to junction with Wittenberg Road. Turn right onto Wittenberg Road, travel 3.5 miles then bear left onto Bearsville-Wittenberg Road. After 2.5 miles you will drive over a bridge and turn left onto Route 212. Travel 1.4 miles on 212, then turn left onto Reynolds Lane. Drive .5 miles on Reynolds Lane and turn right onto Macdaniel Road. Travel 2.5 miles to the Overlook Mountain Trailhead at 353 Meads Mountain Road.*

### **Mink Hollow - Hunter Greene County**

The corridor is approximately 3 miles long and 100 feet wide, encompassing about 36 acres. This corridor is the middle section of a historic town road connecting the Elka Park region of Greene County with State Route 212 in the Lake Hill area west of Woodstock. The north and south ends of Mink Hollow road are active, maintained town roads. The corridor follows the Mink Hollow Foot Trail, from its intersection with the Devils Path south which is the abandoned portion of the old road through Forest Preserve lands. North of this intersection it follows the abandoned town road bed to the snowplow turn around on Mink Hollow Road.

*Driving directions to the Overlook Trailhead: From the Emerson parking lot, turn left onto Route 28 and travel 2.8 miles to Winne Road. Turn left on Winne Rd, travel .7 miles to junction with Wittenberg Road. Turn right onto Wittenberg Road, travel 3.5 miles then bear left onto Bearsville-Wittenberg Road. Travel 2.5 miles, then turn left onto Route 212. Travel 1.4 Miles, then turn right onto Reynolds Lane. Continue straight to stay on Hutchin Hill Road for 2.7 miles to arrive at trailhead.*

### **Windham Mountain Bike Park**

This park offers a truly unique downhill riding experience. Outstanding natural Catskill Mountain terrain has been expertly developed by world renowned trail designers – Gravity Logic, giving riders of all levels something to get stoked about. Miles of trails are serviced by a high speed quad lift, you'll never pedal uphill!

*Driving directions from the Emerson parking lot: Turn right out of parking lot onto Route 28, travel 8 miles. Turn right onto Route 42 North, travel 11 miles. Turn right onto Route 23A, travel 2.6 miles. Turn left onto Jewett Heights Road, travel 4.5 miles. Turn right onto Route 23, travel 1.8 miles. Turn right onto South Street, travel .9 miles. Turn left onto Clarence Lane Road, travel .2 miles. Turn left onto The Enclave, travel .1 miles. Arrive at Windham Bike Park, 19 Resort Drive, Windham, NY 12496*